

## FIVE YEAR FORWARD VIEW FOR MENTAL HEALTH: ONE YEAR ON

NHS England has **published a report** reviewing progress over the past twelve months towards achieving the commitments made in *Implementing the Five Year Forward View for Mental Health*. The report presents the successes achieved across the seven programmes of mental health delivery, as well as the challenges that have led to delays in progress against particular ambitions, and how these will be tackled. Importantly, NHS England will independently scrutinise resources allocated by CCGs locally to ensure this reflects the planning guidance.

NHS Providers welcome's the transparency in this report about how progress and challenges to date, and how barriers will be tackled to ensure that front line delivery is sufficiently prioritised. This briefing summarises the key developments and results in each of the programme areas set out in the report, and major commitments for 2017/18. Our media statement in response to the publication is included at the end of the briefing.

### Key points

- Whilst the Investment Standard is reported to be met across England as a whole, there remain small subsets of CCGs who have not met, or are not yet planning to meet, this expectation. To assure that local spending plans for mental health services are sufficiently robust to deliver the programme, NHS England will, by April 2017, compare commissioner plans with projected allocations and the expectations of local providers.
- Actual spending at CCG-level will be published and monitored through the Mental Health Dashboard and all CCGs are expected to make sufficient investment over the course of the programme to deliver the commitments for outcomes and expansion in access.
- The mental health workforce development strategy will be published by Health Education England in April 2017.
- NHS England and NHS Improvement national and regional teams will work closely with STPs in 2017/18 to harness the changes needed in STP delivery and ensure that the opportunities are leveraged to their maximum through collaborative working across health and care organisations.

## SUMMARY OF PROGRESS AGAINST THE IMPLEMENTATION PLAN

The following sections summarise key achievements against each programme area set out in *Implementing the Five Year Forward View for Mental Health*.

### Children and young people's mental health

- There are around 240,000 children and young people in NHS mental health services at any one time, and 35,000 new referrals each month.
- All English regions have reviewed existing CYP inpatient provision and developed plans to improve inpatient beds usage and ensure sufficient capacity to reduce out of area placements. In the next stage of the process, new beds will be opened and other capacity moved to areas of greater need.
- 21,000 more children and young people are expected to access treatment in NHS-commissioned community teams (compared to 2014/15).
- 556 staff working in children and young people's services have begun training courses to improve skills in evidence-based treatment, and 150 newly recruited staff have started courses to qualify as therapists.

- Measuring national access standards for children and young people with an eating disorder in community teams.
- Across England as a whole there are plans to invest the full £149 million additional funding provided for CAMHS in 2016/17. However, a small subset of CCGs have not planned to use this funding in full for this purpose.
- NHS England and the Department for Education's pilot programme to develop single points of contact between NHS services and schools, working with 255 schools across 27 CCGs, has improved relationships and referrals.

## Perinatal mental health

- Only 15% of localities are thought to currently offer services which fully meet NICE guidelines.
- The Perinatal Specialist Community Services Development Fund launched in August 2016 with £40 million transformation funding over three years in its first wave for evidence-based specialist community teams. The successful 20 areas chosen represent 90 CCGs and six STP 'footprints' across all English regions, and will offer at least 750 more women access specialist perinatal mental health support and care.
- Four new inpatient mother and baby units are being commissioned in the areas of greatest need and a further 8 beds have been commissioned in existing units.
- NHS organisations commenced a series of projects to improve quality and support the programme including:
  - development of the first guidance and supporting tools for the perinatal mental health pathway
  - investing £1.2 million to train 3,000 staff for improved awareness and skills in perinatal mental health.
  - Health Education England has developed a multi-disciplinary competency framework which is being piloted in four areas (Birmingham, Cumbria, Devon and Kent) before wider roll out in 2017/18.
  - NHS England, Health Education England and the Royal College of Psychiatrists developing a programme to train 10 new perinatal psychiatrists in 2017/18 through a bursary scheme.

## Adult mental health: common mental health problems

- Data shows 72,000 more people accessed psychological therapies than in 2015/16, and Age UK has campaigned to encourage older people to use the services.
- 101 CCGs are taking part in an employment support initiative with employment support advisors embedded in IAPT services, to start offering support in the first quarter of 2017/18.
- 22 new 'early implementer' projects were launched across 30 CCGs to integrate physical and mental healthcare provision, expected to treat 30,000 people in 2017/18.

## Adult mental health: community, acute and crisis care

- The new waiting time standard for Emergency Intervention in Psychosis (EIP) was introduced, with referrals increasing by 12 percent over the year and EIP staff rising by 9 percent. Self assessment by EIP teams against NICE guidance commenced.
- Work has commenced on defining high quality care pathways for adults with complex needs in the community
- Developments to improve urgent and emergency care in mental health include:
  - £15 million funding project launched to aid expansion of mental health liaison services in acute hospitals
  - Guidance and supporting tools in November 2016 to describe model pathways in community-based and acute-based mental health
  - Guidance on 'blue light' pathways to be published in April 2017 to support delivery of improved care under the Policing and Crime Act 2017
  - Data collection commenced in December 2016 on new nationally defined out of area placements.

- New national armed forces veterans mental health services launched in October 2016

## Adult mental health: secure care pathway

- NHS England completed a national audit of mental health secure services at individual and service level – 5,500 people are in low and medium secure services at any one time (not including learning disabilities or autism beds)
- 77 per cent of detained persons are men, 63 per cent have a primary diagnosis of psychosis and 26 percent have secondary diagnosis of substance misuse. Black men are 4-6 times more likely than white men to be detained.
- A model for community forensic services will be tested more widely in 2017/18, on basis of evidence it can reduce length of stay in secure care by 240 days.
- NHS England is also working with criminal justice officials to assess mental health need in prisons and to streamline the interface between prison and secure mental health services.

## Health and justice

- In October 2016 NHS England published *Strategic direction for health services in the justice system 2016-2020: Care not custody, care in custody and care after custody*, in support of the MH FYFV and Crisis Care Concordat
- Liaison and Diversion Services are now working across 68 per cent of police custody suits and courts in England, offering support to 32,800 people in the first six months.
- New Health and Justice Indicators of Performance (HJIP) have been introduced to support healthcare commissioning across detained and secure settings.

## Suicide prevention

- In January 2017 the government refreshed the National Suicide Prevention Strategy
- Local suicide prevention plans are in place or being developed in 95% of local authorities, supported by national guidance from Public Health England, which will be quality assessed by the department of health in 2017.

## Testing new approaches

- Six pilot sites are testing provider-led expenditure and commissioning in adult secure services and children and young peoples services (£362m invested to save £50m within two years)
- Nine urgent and emergency care vanguards testing crisis care for children and young people (£4.4m invested).

## Harnessing digital delivery

- A digital strategy for mental health with investment of £67.7 over three years, supported by a Digital Development Lab to test new tools and apps before launching on NHS.uk Key projects include:
  - NHS 111 to provide more intelligent mental health clinical triage
  - New self-referral routes to psychological therapies

## Infrastructure and hard-wiring the system

- All-ages workforce strategy from Health Education England due in April 2017
- Launch of the Mental Health FYFV dashboard in October 2016 with STP and CCG-level indicators on access, outcomes and financial investment

- Mental health prioritised in the CCG Improvement and Assessment Framework 2016/17 with assessment of performance against indicators in October 2016, and year-end assessment due in June 2017, available on MyNHS
- Mental Health indicators in the Single Oversight Framework to incentivise and support 'good' and 'outstanding' performance across the provider sector
- A Joint Strategic Needs Assessment toolkit for local areas, with support tools and profiles to support planning
- Version 2.0 of the Mental Health Services Data Set will go live in April 2017
- Public Health England developing a Prevention Concordat Programme for Better Mental Health for rollout by end-2018, supported by local prevention planning guidance to be launched in 2017.
- 2017-19 local pricing rules requiring providers and commissioners to link prices for adults and older peoples mental health to locally agreed quality and outcome measures and achieving access and waiting time targets.
- Updating the NHS Standard Contract to reflect mental health access performance standards.
- a two-year CQUIN scheme with three indicators for mental health providers addressing transitions from children to adult services, collaboration between acute and mental health providers, and linking primary care and secondary mental health care.
- CCG Quality Premium for 2017-19 to address inequalities in mental health care
- CQC pilot testing inspection of mental health care in acute hospitals for expansion in 2017/18

## NHS PROVIDERS MEDIA STATEMENT

### Further to go to deliver for mental health

In response to *the Five year forward view for mental health: one year on review*, director of policy and strategy at NHS Providers, Saffron Cordery said:

"We welcome this important update on *the Five year forward view for mental health* which reflects the dedication and hard work of mental health trusts on the frontline. Under the leadership of both Tim Kendall and Claire Murdoch, we have seen promising progress to date but, as the report shows, there remains further to go to deliver the aims for mental health.

"The speed of change in health in social care presents challenges to those providing care, but also opportunities. The review rightly recognises the valuable collaborations offered through STPs and the impact we are starting to see when local systems see investment in mental health services as a gateway to a more sustainable health and care system.

"Sufficient resources are critical to success, so we welcome renewed commitment to parity of esteem by NHS England. While commissioners remain under pressure, independent oversight of CCG investment will help ensure funding for mental health services will not be lost against competing local health priorities. We must back this up with support for local training and placement opportunities to help providers overcome the struggle of recruiting staff for inpatient and home services.

"While the health service remains under unprecedented pressure, we should remain realistic about competing priorities by providers. Collaborative working across local delivery partners will be key to ensuring we continue to build upon the progress outlined today."

NHS Providers  
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