

# NHS Providers Showcase submission pack

# Bradford District Care NHS Foundation Trust







# Contents

NHS Providers Conference showcase submission	2
Supporting evidence	
A1 – Better Lives Together – Ambition to Action Organisational Strategy	5
A2 – Care Trust Way in Action	6
A3 – Care Trust Way Comms Cells & DLM	7
A4 – Go See Framwork	8
A5 – Leaders & Overall Training progress	9
A6 – Exec Broadcast	10
A7 – Improvement Events intro	11
A8 – Trust Learning Week	12
A9 - CQC Rating	13
A10 - Spread and adoption Voluntary Care Sector Learning Week	14
A11 First Response - Rapid Process Improvement Workshop Example	15
A12 Insulin Kaizen Event	16
A13 Trust Induction RPIW	17
A14 Celebrating success - Values Awards	18
A15 It is all about people - Your Voice Matters	19





# NHS Providers Conference showcase submission

- 1. Organisation's Strategic Objectives: In 2019 Bradford District Care NHS Foundation Trust (BDCFT) set out on a path of continuous improvement, innovation and sustainable growth. We intended to establish a successful quality improvement approach that would be embedded and integrated into all aspects of our operations. This improvement approach is called 'the Care Trust Way'. It is ours and we: staff, patients, and our communities all own it.
- 2. The Challenge and What We Were Trying to Achieve: Our objective with the Care Trust Way was to implement systematic improvement approaches aligned with national and organisational priorities. We aimed to enhance leadership for improvement, cultivate a culture of continuous learning, and involve all stakeholders in the design of the service we provide. The Care Trust Way is a cultural, coaching and behavioural approach aligned to our values, as well as a set of tools and techniques. Our people are trained to use the tools to support them to continually look for and implement improvements and our leaders are there to problem frame, nurture and cultivate an environment to encourage and coach changes that will benefit how we all experience working for the Trust, and ultimately, how people who use our services experience the care they receive.
- 3. Trust Board Response and Actions Taken: Behaviour breeds behaviour, the Trust Board initiated a comprehensive quality improvement model, tailored to us, but learning from and using the best proven models from across the globe. Leadership training programs equipped leaders with the skills needed to champion improvement initiatives. We nurtured a culture of openness and innovation, coaching staff at all levels to speak up and contribute to the improvement process. Regular communication channels were established to keep the organisation informed, ensuring transparency and inclusivity. A go see framework was introduced to gain 'eyes on' understanding from board to ward to allow triangulation of data and ensure our 'True North' is front and centre. Daily lean management is embedded across the organisation to ensure this was the 'way we do things around here'.
- 4. Benefits and Outcomes for Trust and Patients/Wider Community: The impact of our systematic improvement approach is evident across key areas. Firstly, there is a notable enhancement in patient outcomes and experience, as reflected in CQC inspections. Secondly, the workforce has embraced a culture of continuous improvement, with frontline staff actively participating in identifying and implementing better practices. Thirdly, positive changes at the board level have contributed to overall success, fostering a sense of collective responsibility.

**Assessment Criteria:** 





### To what extent can others learn from and replicate the example in their own trusts?

Our systematic improvement approach used the best evidence-based practice from all the
recognised methodologies and provides a replicable (but customisable) model for trusts
aiming to enhance leadership, foster a culture of coaching for improvement, and engage
stakeholders effectively.

Is it clear what behaviour and/or process changes occurred at board level and how this contributed to success?

 Transparent communication, leaders standard work and visibility outlines specific behaviour and process changes at the board level that directly contributed to the success of the Care Trust Way.

Is there evidence of a positive and sustainable impact?

 Robust evidence demonstrates sustained positive impacts on the trust, the workforce, and, most importantly, patients and communities.

Would this work prompt useful conversations between participants at the conference?

 Our showcase promises to stimulate insightful conversations, offering valuable insights into systematic improvement approaches and their successful implementation. We are learning so much on our improvement journey and would love to share.





# Supporting Evidence

A1 – Better Lives Together – Organisational Strategy

### **From Ambition to Action**

2023-2026 strategy refresh







# A2 – Care Trust Way in Action



Communication cell

purposeful conversations around people, performance and improvement.



"A way of working with a common language, tools and techniques, to embed purposeful conversations, continuous improvement, innovation and growth."



right question. right time, right person





### **Daily Management**

A fundamental philosophy of the 'Care Trust Way' to manage the day to day work; this is about creating a visual workplace where you can see 'at a glance' what is happening moment to moment.

The principal of DLM is:

### Know Your Business, Run Your Business, Improve Your Business

The core tools of DLM are:

















- Empowers workforce
- Assurance & Accountability
- · Reduced waste and increases value
- Benefits

· Improves Patient Experience

- Real time problem solving, at source
- Proactive not reactive
- · Improves process quality

better lives, together

W: www.bdct.nhs.uk

**★**: @BDCFT





# A3 – CTW Comms Cells & Daily Lean Management

### (are Trust Way

### Physical Comm's Cell Layout

Continuous

share/spread learning

Improvement
This area is used to capture
performance issues, and identifies how the team can address them and share/spread

Performance This area holds all the agreed Key Performance Indicators (KPIs) and demonstrates how well the team specifically is performing against them

People
This area makes sure that we focus on people, their wellbeing and that we have the appropriate resource, with the right skills available, so that we can complete our tasks in a safe environment People

- Resource planning

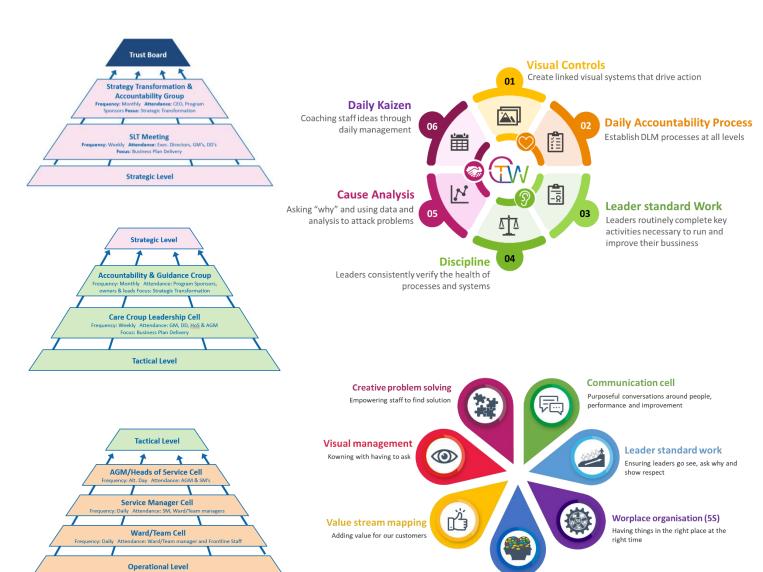
- (KPIs)
- Performance Measures



better lives, together

W: www.bdct.nhs.uk

**Y**: @BDCFT



Reight question, right time, right person

Coaching





### A4 – Go See Framework





### 'Go See' Visits Framework

Know Your Business, Run Your Business, Improve Your Business

The Bradford District Care NHS Foundation Trust (BDCFT) approach to continuous, lean, improvement is described within the principles and techniques of the Care Trust Way. There are a number of key philosophies that underpin the lean approach to continuous improvement, one of which is 'Go See'.

'Go See' is based on the concept of a Gemba walk, which was developed by Tailchi Ohno, one of the leading pioneers in the development of lean management. The Go See visit offers an opportunity for Executives to leave their daily routine, see where the real work happens and build relationships with staff based on mutual trust. Go See visits are an opportunity to get an overview of what is going on in the workplace, offering the ability to gain insights into potential improvement opportunities. As such, the Care Trust Way embraces the principle of Go See not just for Executives, but for all leaders across the Trust including Non-Executive Board members.

'Go See' visits are a vehicle for the Trust to 'Know its Business, <u>Run</u> its Business and Improve its Business' at both an operational and a strategic level.

Know your Business – leaders will have a first-hand knowledge of the work being done, there will be strong relationships built on trust. Executives and Non-Executives are able to gain knowledge and assurance to underpin the conversations they are having and experience further opportunities for triangulation across a variety of different platforms.

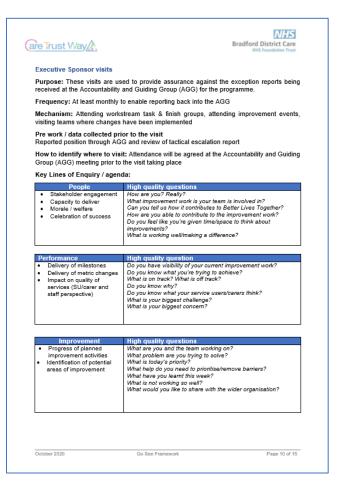
Run your Business – leaders are better able to understand the opportunities for improvement, have increased visibility of what is going on in each place and are able to make better decisions because of this. Executives and Non-Executives can make better strategic decisions underpinned by an in-depth knowledge of the business and first-hand views from Trust experts on what it feels, looks, and sounds like to them and their colleagues within the service.

Improve your Business – leaders are able to support local improvement opportunities based on the first-hand knowledge and experiences they have of services. Trends and themes identified as part of Go See are collated and triangulated with other sources of learning to help Executives and Non-Executives identify systemic issues and receive assurance as to the embeddedness of improvements to further support sustainability.

This framework seeks to set out the types of 'Go See' visits that happen across BDCFT, the leaders standard work that is involved when conducting the visits, the expectations of the services being visited and the mechanisms for identifying, analysing and reporting on the opportunities for learning identified.

October 2020 Go

Page 1 of 1

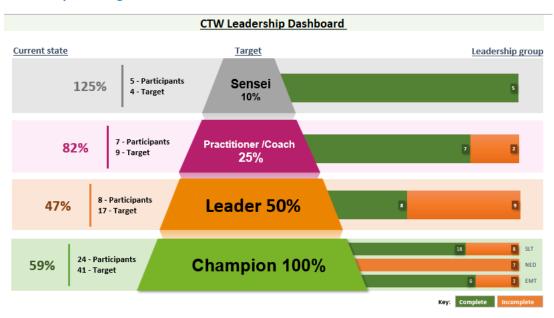




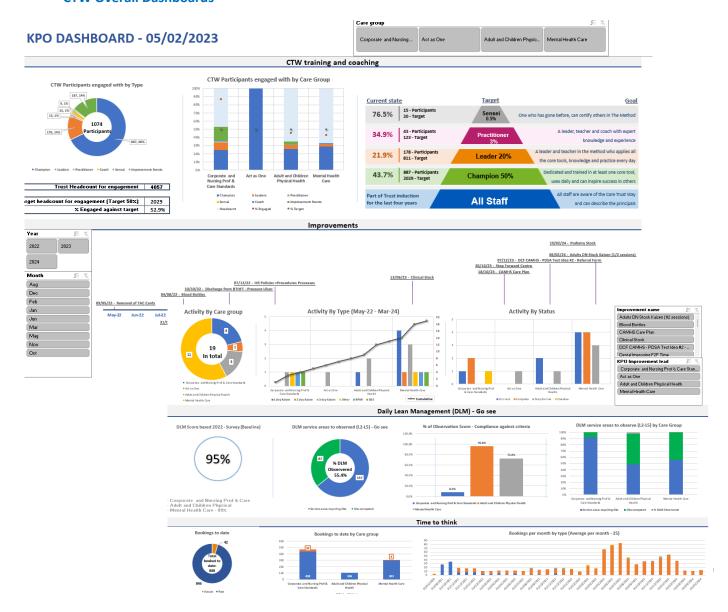


# A5 – Leaders and overall Training progress

### **Leadership Training**



### **CTW Overall Dashboards**







## A6 - Exec Broadcast

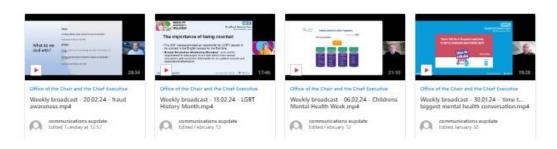


Join us every Tuesday, 12.00 - 12.30pm, for the weekly broadcast that's open to everyone. Hosted by your Executive Management Team, it's your opportunity to hear about key operational topics, service successes and support and benefits for everyone at our Trust.

It's your chance to talk to your Executive Team, ask any questions that you have, and contribute to the topics discussed.



You can watch our previous CTW - Executive Broadcasts Click on the arrows at the side of the video clips or the buttons below the films to catch up...







# A7 – Improvement Events intro

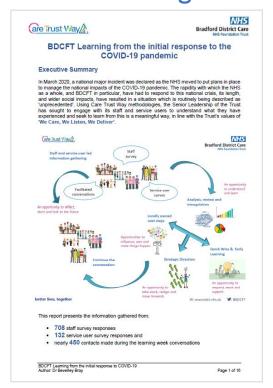


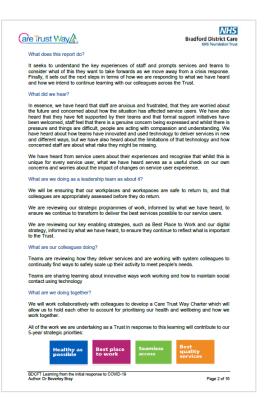


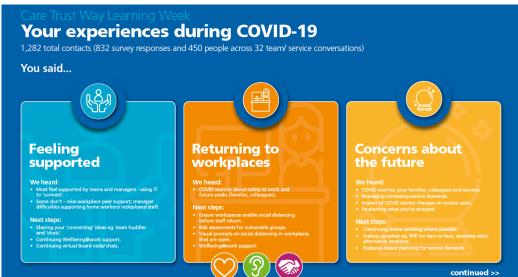




# A8 – Trust Learning Week





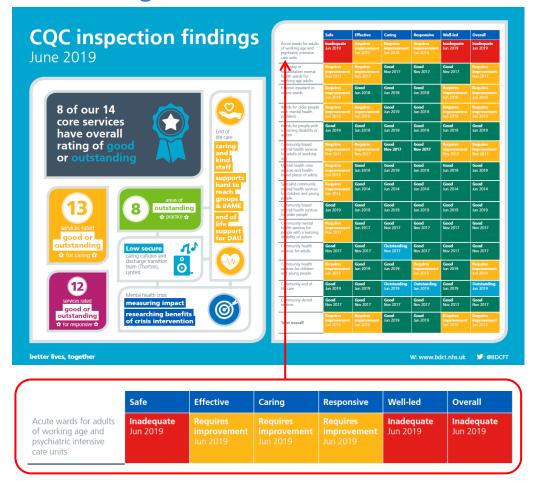








# A9 – CQC Rating – June 2019



# CQC Rating – Published May 2020





C						
Summary of findings Ratings						
We are introducing ratings as an important element of our n always be based on a combination of what we find at inspec and local information from the provider and other organisat good; requires improvement; or inadequate.	tion, wha	at people tell us, our Intelligent Monitoring data				
Overall rating for the service	Good					
Are services safe?	Good					
Are services effective?	Good Good Good					
Are services caring?						
Are services responsive?						
Are services well-led?		Good				
Mental Health Act responsibilities and Mental Capacity Act / Deprivation of Liberty Safeguards We include our assessment of the provider's compliance with the Mental Health Act and Mental Capacity Act in our overall inspection of the core service.		We do not give a rating for Mental Health Act or Mental Capacity Act; however we do use our findings to determine the overall rating for the service. Further information about findings in relation to the Mental Health Act and Mental Capacity Act can be found				





# A10 - Spread and adoption Voluntary Care Sector Learning Week



### **Learning Week Feedback Session**

# healthy minds

### What were we asked to do?

The intention of the learning week was to understand:

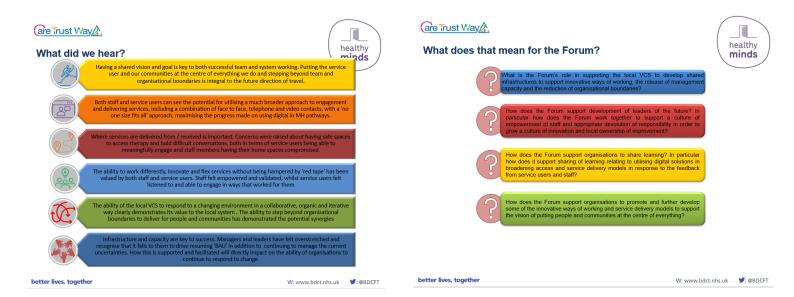
- Staff experience and feelings relating to the current situation
- How well staff had been supported and their experiences of delivering services during this
  period
- Service user experience of support from organisations over the period
- Future thinking what lessons could be learnt and brought forward into the next phase of reset across the Forum.

### What did we do?

- Ran 4 surveys between 20<sup>th</sup> July 5<sup>th</sup> August
- Facilitated 4 learning week conversations week commencing 27th August

### Who did we engage with?

- 122 staff members from across 21 organisations
- 47 service users from 10 different organisations



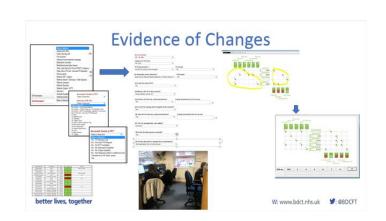




# A11 - First Response - Rapid Process Improvement Workshop Example

### Work Completed since Friday Report





# TPR Update Lead and Cycle Time Target 20% Reduction

Lead and Cyt	10	11110	Ture	5002	.070	ItCu	acti			
		Voice Guide	Wait for Spa to answer	Spa talk to caller	Spa wait for FR to answer	Spa talk to FR	FR talks to caller	FR Admin wrap up	Total Mins	Target Mins
Mon – Fri 9-5	Base	0.19	1.36	6.06	4.14	4.47	20.59	17.44	55.45	46.00
	30								23.00	46.00
	60	1.40	2.30	1.02	1.51	1.26	10.05	11.20	29.54	46.00
	90	1.40	4.40	3.01	0.54	0.36	4.60	7.5	22.57	46.00
		Voice Guide	Wait for FR to answer				FR talks to caller	FR Admin wrap up	Total Mins	Target Mins
Out of Hours	Base								48.00	34.00
	30	1.40								
	60	1.40	2.51				10.41	8.30	23.02	34.00
	90	1.40	3.35				10.55	4.25	19.33	34.00
better lives, together								M/c same	w.bdct.nh	s.uk

### (are Trust Way) Quality Measure Tracking

	0	30	60	90	120					
	09/12/2019	08/01/2020	07/02/2020	08/03/2020						
Performance										
Lead Time OOH	48 Mins	NA	23.02 mins	19.33 Mins						
Lead Time 9-5	57 Mins	23 Mins	29.54 Mins	22.57 Mins						
QM2 1Dissuaded Calls %	2.60%	0%	0.40%	0.44%						
Abandoned Calls %	28%	19%	23%	16.60%						
QM2 Abandoned after 30 seconds 9	15%	9%	4.10%	6.60%						
Abandoned on Voice Guide %	5.50%	5%	4.70%	7.30%						
Served before 60s %	48%	70%	65%	52%						
Answered Without Queueing %	26%	70%	81.50%	37.90%						
People										
QM 3 Complaints		0	0	0						
Concerns		0	0	Survey						
Compliments		1	0	Survey						
Other Improvements										
QM 2 Data Collection Standardised										
Survey Created										

# Staff & Service User Feedback

We are taking less calls for other areas such as CMHT's before 9am and after 5pm The new work area is in an open space and airy. More inviting to remain in, more engaging with others and potentially healthier.

The togetherness, in my opinion, has been facilitating a positive culture change

The new voice message for SPoA is so much better and explanatory

The move in my opinion has provided an improvement in cohesive working and team performance

The voice on the new guide is much friendlier Its much easier and quicker to pass a caller over to a telecoach using the new crireria

The duty nurse is a great help, waiting times for FR much shorter





### A12 - Insulin Kaizen Event



### Kaizen Insulin Event

NHS Bradford District Care

Aim - a 5 day intense workshop including clinicians who deliver Insulin to focus on reducing the number of Insulin errors. To deliver solutions during this 5 day event, and follow-up with 30, 60 and 90 day reviews to discuss progress and focus on any additional work needed.

### What errors were occurring that needed reducing?

74 Insulin errors had occurred in previous year (Oct 2017—Sept 2018) as a result of:

- Too many early (8AM-9AM) visits
- Missed visits—not allocated
- Missed visits—not seen on ledger
- Wrong patient
- Wrong dose
- No record
- Incomplete record
- Wrong Insulin
- No / Missing equipment

### What did we do?

Implemented an allocation checklist to eliminate missed visits:

- Do you have this checklist?
- Are you using it?

Reduce the number of early visits:

- Have you reviewed your number of early (8AM-9AM) visits?
- How many have you moved later in the day?

Prevent missed PM visits:

· Have you added your 'Finished' box to bottom of SystmOne ledger?

Made SystmOne easier to navigate:

Do you like the changes to the SystmOne Insulin template?

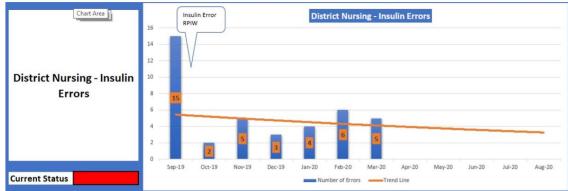
### Ongoing work to provide additional support

- Standard patient-held documentation—clear files
- Standard list of equipment
- Provision of storage boxes
- Standardise tasks
- Updating standards and policy
- Letter to partners e.g. local hospitals asking for support with Insulin work

### If you have any suggestions, ideas or questions, please contact:

James Cooke, Carla Smith, Rebecca Pinksto Caroline Harrison, Rebecca Burke, Rebecca Rae, homas Dugdale, Nicola Harrison, Helen Barker, Katie Blackburn, Rob Bumstead, Jayne Dunn

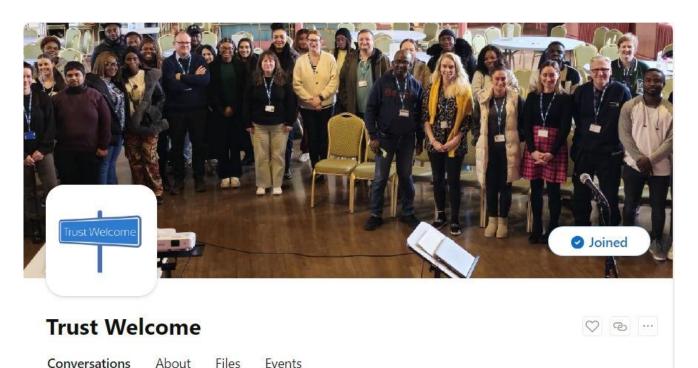








## A13 – Trust Induction RPIW



the complete reorganisation of Trust induction from a disparate localised and inconsistently and randomly delivered series of episodes, to a formalised monthly scheduled and mandated corporate meet and greet events for all new starters.

- 95% attendance for new recruits
- 100% catch up within three months.
- Impact on attrition so far (awaiting full year effect) is a reduction of 2% for personnel leaving within 12 months of





# A14 – Celebrating success - Values Awards

# **Living Our Values** awards







Who has been living our values this month?

### **About our Living Our Values awards**

Every month, colleagues and teams are recognised in our Living our Values awards, for actively demonstrating one of our Trust values in their work. Any staff can submit a nomination that are then considered by our interim Chief Executive, Patrick Scott, who selects the three winning entries that best represent our values.



### How to nominate a team or colleague for a Living Our Values award

To nominate a member of staff for next month's awards, just email **LivingOurValuesAwards@bdct.nhs.uk** with the following:

- the nominator's name and job title (the person who is nominating),
- · the nominee's name (the person nominated), and job title
- Which value and briefly why (no more than 100 words on how they are living/demonstrating the value).

All entries need to be in by the last Thursday of the month and we'll announce the winners in e-Update and on this Connect page.

Every winner will be emailed their Living our Values certificate. If you're able to, **please send a photograph** with the certificate and nominator, to communications@bdct.nhs.uk.



### **We Care**

### July's winners

Lynne Harper, Health Visitor, Wakefield 0-19 service

Nominated by: Dawn Lee

At the end of a long week I had the pleasure of reading the attached letter from a service user. I trust you will accept the words within the letter as evidence of Lynne's outstanding Health Visiting practice demonstrating the 'We Care' value of the Trust. Lynne – really well done and thank you for your great work which is so valued by this particular family.

### We Listen

Claire Pitts, Speech and Language Therapist Nominated by: Nicole Davies

Claire cares so much about her work, the families she supports and her colleagues. This is evident in many aspects of her day to day work, such as always making herself available to listen to colleagues in need of advice and support. She has a real understanding of the team she works in and the families she supports, which she gains by her excellent ability to listen to others and help them feel heard. As a result, staff and families that work with Claire feel listened to, valued and empowered. As one parent explains: "I could not possibly but into words how grateful I am of Claire the time she has taken to listen and when I did not understand something she would put it in a different way so I would understand. I am very grateful for all the help I have received for my child." We feel Claire deserves recognition for all that she does. She is so highly valued, not only by her team, but by the many families she supports.



### We Deliver

Sandeep Kaur and Aliysha Khan, Learning Dsability nurses, Community team, Waddiloves Nominated by: Victoria Donnelly

Sandeep Kaur and Aliysha Khan, two of the nurses in the learning disabilities community team at Waddiloves – Sandeep has been one of our Equality and Diversity leads for the last 18 months – both her and Aliysha have put in a massive effort to share South Asian Heritage Month with our wider team – including doing weekly updates for the team on films, music, history clips etc. They have also set up and run a weekly cooking session via Microsoft Teams – sending out recipes and then cooking on line with us all taking part. They have both also done interviews of various members of staff in the team who have a connection to South Asian heritage and culture and again shared these via Microsoft Teams – they have made a massive effort and gone above and beyond what I expected when they suggested we do somethings to celebrate this in our team and have raised awareness of many areas of South Asian culture that lots of the team were unaware of, in a really accessible and fun way – I think they definitely deserve some recognition for this.







# A15 - It is all about people - Your Voice Matters



Bob Collins, Adult Health Professional Lead for Adult Community Mental Health Team

Having time out to reflect on the feedback from the CQC, has given colleagues the opportunity to come together to be solution orientated and address any issues raised, says Bob, leading to rapid improvements for patients both in the community and on hospital wards.

Find out more - watch the video...



Jane Connolly, Baildon Ward Manager; Gill Rowe-Aslam, Step Forward Centre Ward Manager; Bev Knaggs, Inpatient Services Manager and Darren Suddick, Assistant Manager. Thornton Ward

Darren chats about issues identified with SystmOne and looking at long-term solutions; Gill talks about ESR and accurate profiles on the system, and ESR reflecting courses relevant to job roles; Jane chats about the implementation of the twilight shift to provide extra support on wards to enhance patient safety; and Bev encourages staff to get on board and embrace the benefits and improvements. Find out more from:

Jane, Gill, Bev, and Darren - watch the videos by clicking on the names...



### Doing it the Care Trust Way, every day



## Bright ideas for continuous improvements

Our Learning Disabilities team recently got together with Care Trust Way Coach, Catherine Jowitt, to find a fresh approach in developing new service pathways.



### MyWellbeing College managers' meetings transformed

Through the introduction of a digital workspace, MyWellbeing College's manager meetings have been transformed... and it all began with a case of bad weather.



### It's good to talk

Nurses in the five teams that make up the City Cluster are talking more regularly and finding staffing issues are eased as a result.

The five teams of district nurses used to work individually, but since implementing the new Reportout system they are able to talk through any risks and staffing issues in advance and take appropriate action.



## Thinking 'bigger, bolder, better'

Clinical Service Development Lead and Care Trust Way coach, Carla Smith, has been using her coaching skills in staff supervision sessions. She says it's made her think 'bigger, bolder and brighter'...